

## Hormone Therapy

Hormone Replacement Therapy replaces hormones that your body may not be producing well enough on its own. We work closely with compounding pharmacy specialists to provide customized therapy for both men and women that reduce fatigue, ease acute PMS, and lessen the effects of menopause/andropause.

## Fatigue and Stress

Do you feel exhausted and stressed-out? One reason could be hormonal imbalances that make fighting chronic illness or the effects of a busy lifestyle a losing battle. We measure and treat adrenal hormone levels that result in fatigue, insomnia, anxiety, and a host of stress-related problems.

## Medical Weight Loss

Our weight loss plans are personalized to match your health needs and include a thorough examination and lab work to identify any underlying health issues. Medications, supplements or behavioral modifications all come into play as ways to increase your metabolism, curb your appetite and balance your hormones.

## Cosmetic Treatments

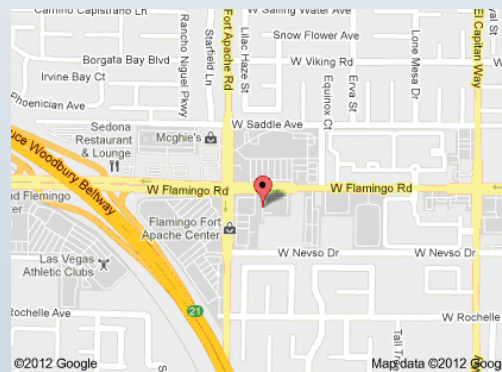
Feeling good about yourself is a big part of general health and well being. We offer the most innovative cosmetic treatments to minimize wrinkles, stretch marks, scars, acne, and skin discoloration. Treatments include chemical peels, cosmetic fillers, microneedling treatments, Botox and Dysport.

## Family Medicine

We give every patient the kind of care and attention that we would give to our own family members. Our approach is based on a personal knowledge of each patient. Our focus is on treating the person not just the symptom, with an eye toward disease prevention and health promotion overall.

Contact us today (702) 731-1200  
Text VITALITYLV to 90210 for specials!

## Vitality Medical and Wellness Center



A unique blend of nursing and medical care combined with personalized health education counseling.

Contact us today to learn more.

4160 S. FT. Apache Suite B  
Las Vegas, NV 89147  
[www.vitalitymedicalwellness.com](http://www.vitalitymedicalwellness.com)  
(702) 731-1200  
[info@vitalitymedicalwellness.com](mailto:info@vitalitymedicalwellness.com)



# A healthy body for a better way of life.

Fatigue and Stress  
Hormone Replacement Therapy  
Medical Weight Loss  
Cosmetic Treatments  
Family Medicine

[www.vitalitymedicalwellness.com](http://www.vitalitymedicalwellness.com)  
(702) 731-1200



We offer a unique blend of nursing and medical care combined with personalized health education counseling.

### What we do...

Vitality Medical and Wellness provides comprehensive, personalized health care and counseling. We assist patients in making good health decisions and implementing healthier lifestyle choices. We have distinguished ourselves from other health care providers by focusing on you and your specific health problems, not the condition in general.

We assess, diagnose, treat and manage health problems including:

- Fatigue and Stress
- Hormone Replacement Therapy
- Medical Weight Loss
- Cosmetic Treatments
- Family Medicine

We provide a personalized approach to health care - treating the person not the symptom - helping you live longer and better.

For more information or to schedule an appointment please call (702) 731-1200 or visit [www.vitalitymedicalwellness.com](http://www.vitalitymedicalwellness.com)

## Vitality Medical Wellness

Our goal is to help our clients live longer and better lives. Our personalized approach to health care is driven by the overriding philosophy to “treat the person, not the symptom.”

### Dr. Cristy Thomas

We offer a unique blend of nursing and medical care combined with one-on-one consultation on the effects, the interactions, and the implications of various treatment options and approaches. Dr. Cristy Thomas (DNP/FNP/BC) is board certified in family medicine, has completed extensive education and training, and offers a dramatically expanded scope of practice compared with a traditional medical practitioner.

### Pharmaceutical Grade Supplements

We offer the highest quality pharmaceutical grade supplements under our own private label that are far superior to over-the-counter supplements. In excess of 99% pure - no binders, fillers, excipients, dyes, or unknown substances.



**Proud Supporters  
of our local  
Firefighters and  
Police Officers!**

## A Healthy Body for a Better Way of Life

We focus on the whole person, not just the symptoms, with a range of care that helps you lose weight, eliminate stress, and look and feel better.



### A Full Range of Care

Vitality Medical and Wellness provides comprehensive, personalized health care and counseling. Dr. Cristy Thomas prescribes, and monitors the ongoing treatment of each patient. We offer treatment for fatigue and stress, hormone replacement, and medical weight loss, along with a variety of cosmetic treatments and supplements so you can feel good...and feel good about yourself.

Contact us today to schedule your appointment.

[www.vitalitymedicalwellness.com](http://www.vitalitymedicalwellness.com)  
**(702) 731-1200**